



# NEWSLETTER

Volume 2 Issue 5

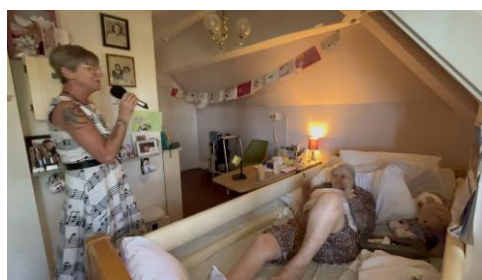
## Welcome

Dear Residents & Relatives,

We are delighted to share our May edition of the Wells House Nursing Home newsletter with you. As the days grow longer and the weather begins to brighten, we are looking forward to spending more time outdoors and making the most of the season. We are especially excited to prepare for our upcoming summer party, along with many other enjoyable activities for our residents. As always, we sincerely thank you for your continued support and involvement in our community.

## Entertainment and Activities

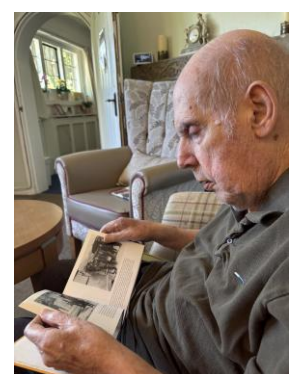
- This month, we had the pleasure of celebrating a very special birthday. At the resident's request, we welcomed a talented singer to make the occasion even more memorable, creating a joyful and lively atmosphere. The celebration was made complete with a beautifully prepared, delicious cake enjoyed by all.



During Glenys' visit, she kindly spent time going around to residents who were unable to attend the Easter party, bringing the celebration to them.



To mark St George's Day, our residents enjoyed taking part in a themed word search, challenging themselves to find as many related words as possible. Dennis spent some time reminiscing about Hythe, looking through old photographs and sharing memories of how it once looked. Meanwhile, Phil has been practising his dot-to-dot activities and is showing great progress with his skills.



- To support engagement and meaningful interaction, we have introduced conversation cards for some of our residents. These have been a great success, helping to spark memories, encourage conversation, and deepen our understanding of each individual.
- We also had the pleasure of welcoming Ray, who led a relaxing and enjoyable meditation session with our residents.

## Entertainment and Activities

At the beginning of the month, we held our annual Easter party, which was a wonderful celebration enjoyed by all. We were delighted to welcome Colby, who sang beautifully and created a lovely atmosphere, along with a special visit from the Easter Bunny, bringing smiles to everyone's faces.

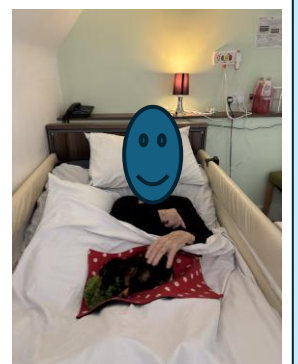
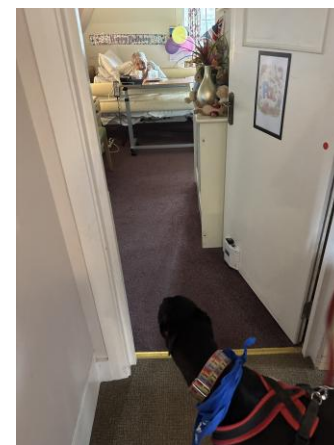
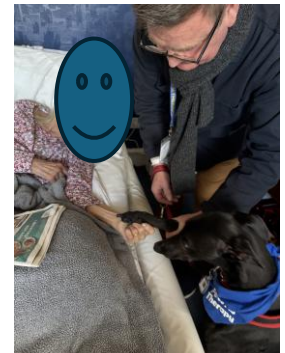
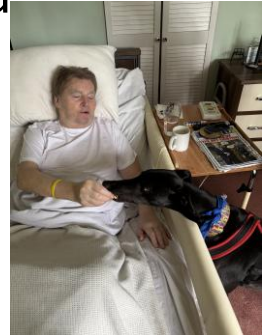


We were delighted to welcome Barry from Sandgate Church, who kindly visited us to lead a meaningful Easter service for our residents.

Some of our residents have been enjoying creative water painting sessions, bringing animal pictures to life while relaxing and expressing their creativity.



Our residents were delighted to receive special visits from Cooper the greyhound, as well as the Cuddly Cavies, bringing plenty of smiles and enjoyment to everyone involved



Each week, our ladies enjoy a relaxing nail care session, with fresh polish applied and nails trimmed where appropriate. These sessions also include a soothing hand massage, with residents choosing their preferred scent—supporting both relaxation and independence while promoting personal choice.



### Home and Staff News

- This month, we are pleased to welcome Kay to the team as a Healthcare Assistant. Many of you may have already seen her around the home, and we hope you will join us in giving her a very warm welcome.
- James has also been hard at work installing a new outdoor tap, making it much easier for us to care for our ever-growing and beautiful garden.
- You may have also noticed the installation of our new keypad systems on both the front door and side gate. These have been put in place to help ensure the safety and wellbeing of our residents living with dementia. We kindly ask that you inform a member of staff when leaving, so they can assist you.
- In addition, we will now be holding regular monthly staff meetings to support clear communication across all teams. A suggestions box has also been introduced, giving staff the opportunity to share ideas and feedback to help us continue improving our service.

### For this month

- We cannot believe we are already entering the month of May, and we are looking forward to some exciting activities ahead.
- At the beginning of the month, we will be welcoming back our wonderful greyhound, Cooper, for some lovely furry cuddles.
- Following this, Kaiya will be visiting to provide our residents with the TLC they deserve, offering their 6-weekly haircuts.
- We are also pleased to have Olivia returning to deliver biweekly armchair yoga sessions. Families are very welcome to join us. We had such a positive response to the first session and are really looking forward to continuing these.
- On Thursdays when Cooper is not visiting, we will be introducing a new pet therapy dog, Jenny, a golden Labrador. We are sure she will bring just as much joy and comfort to our residents.
- We are delighted to welcome back the children from Little Oaks, which our residents always thoroughly enjoy.
- Finally, we will be holding a Resident and Relatives Meeting on **18th May 2026 at 2:00pm**, and we hope to see you there. If you are unable to attend, please feel free to email us with any points you would like raised during the meeting.

## Dreams

### May Moments

May brings sunshine, soft and bright,  
Longer days and golden light.  
Gentle blooms and laughter near,  
Moments shared we hold so dear.

With every smile and hand to hold,  
New memories made, more precious  
than gold.

As spring unfolds in skies so blue,  
We're grateful for each day with you.



## Our Mission

*Our goal is to provide compassionate, person-centred care that meets the physical, emotional, and social needs of everyone in our care, by creating a supportive and nurturing environment*

## May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 <sup>st</sup> Sit in the garden	2 <sup>nd</sup> Watch something on ITV	3 <sup>rd</sup> Listen to some soothing music
4 <sup>th</sup> Nail care day	5 <sup>th</sup> Board game of your choice	6 <sup>th</sup> Create a purple octopus decoration	7 <sup>th</sup> Cooper visit 11am	8 <sup>th</sup> Write something special for the nurses	9 <sup>th</sup> Do a wordsearch	10 <sup>th</sup> Read a magazine
11 <sup>th</sup> Hairdresser visit and armchair yoga 1:30pm	12 <sup>th</sup> Heart-stained glass window	13 <sup>th</sup> Decorate your own flowerpot	14 <sup>th</sup> Jenny the dog visit 11am/crossword	15 <sup>th</sup> Decorate a popcorn decoration	16 <sup>th</sup> Balloon tennis	17 <sup>th</sup> Watch a film
18 <sup>th</sup> Nail care day	19 <sup>th</sup> Reminisce on your favourite memories	20 <sup>th</sup> National strawberries and cream day	21 <sup>st</sup> Jenny the dog visit 11am	22 <sup>nd</sup> National solitaire day	23 <sup>rd</sup> Hand massage	24 <sup>th</sup> Read a book of your choice
25 <sup>th</sup> Armchair yoga 1:30pm	26 <sup>th</sup> Make a dog-stained glass window decoration	27 <sup>th</sup> Make a dreamcatcher	28 <sup>th</sup> Jenny the dog visit 11am/wordsearch	29 <sup>th</sup> Bingo in lounge	30 <sup>th</sup> Listen to the radio	31 <sup>st</sup> Watch something on BBC